## Tredyffrin Easttown School District Tredyffrin Easttown Middle School Menu

Tredyffrin Easttown Middle School Menu				
Sept. 1	Sept. 2	Sept. 3	Sept. 4	Sept. 5
No School Labor Day Celebration	Popcorn Chicken w/ dipping sauce Roll Broccoli w/ dip Applesauce Milk Selection	Soft Shell Taco Lettuce, Tomato, Cheese Black Bean Salsa Carrot Sticks Fresh Grapes Milk Selection	Pasta w/ Meatsauce Breadstick Caesar Salad Pears Milk Selection	Cheesesteak Green Beans Tossed salad Orange Smiles Milk Selection
Sept. 8	Sept. 9	Sept. 10	Sept. 11	Sept. 12
French Toast Sticks, Sausage and Syrup Hashbrown Pears Sliced Cucumber Milk Selection	Meatball Sand. Potato Wedges Broccoli w/ Dip Applesauce Milk Selection	Spicy Chicken Fingers Baked Beans Peaches Dinner Roll Milk Selection	Nachos w/ Beef and Cheese Lettuce, Tomato, Cheese Carrot Sticks Mixed Fruit Milk Selection	Popcorn Chciekn Green Beans Tossed Salad Fresh Fruit Selection Cherry Jello Milk Selection
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Sept. 15 Corn Dog Chicken Noodle Soup French Fries Peas Apple Wedges Milk Selection	Sept. 16 Chicken Nuggets Tator Tots Apple Wedges Milk Selection	Sept. 17 Hoagie Selection Baby Carrots Broccoli w/ Dip Fresh Fruit Selection Milk Selection Milk	Sept. 18 BBQ Hamburger/Cheeseburger Hot Dogs Chef's Salad Baked Beans Pasta Salad Side Kick Milk Selection	Sept. 19 Pizza Dippers w/ Marinara Green Beans Tossed Salad Apple Slices Milk Selection
Sept. 22	Sept. 23	Sept. 24	Sept. 25	Sept. 26
Popcorn Chicken Mashed Potatoes Carrot Sticks Mixed Fruit Milk Selection	Cheesesteak Sand. Potato Wedges Broccoli w/ Cheese sauce Applesauce Milk Selection	Toasted Cheese Sand. Tomato Soup Sliced Cucumbers Orange Smiles Milk Selection	No School	Chicken Cordon Bleu Sand (Chicken Ham and Cheese). Pears Baby Carrots Sliced Cucumbers Milk Selection
	Offe	ered D	aily	
<u>Monday</u> Chicken Patty Sand. Cheeseburger Salad Bar Mickey's Pizza Selection PB&J	<u>Tuesday</u> Chicken Patty Sand. Cheeseburger Buffalo Chicken Wrap Salad Bar Mickey's Pizza Selection PB&J	<u>Wednesday</u> Chicken Patty Sand. BBQ Pork Rib Sand. Cheeseburger Salad Bar Mickey's Pizza PB&J	<u>Thursday</u> Chicken Patty Sand Cheeseburger Turkey and Bacon Wrap Salad Bar Mickey's Pizza Selection PB&J	Mickey's Pizza Selection
items to count as a Meal one bread and one prote Choose One Entrée (Bread), (Protein) Bagel Lg Muffin 1 Cereal French Toast Sticks & Sa Choose One Fruit (Fruit) Fresh Fruit 4oz 100% Fru Choose One (8oz Milk)	uit 4. Milk ms, but must take at least three . You may take two breads or in and one fruit and one milk. I & 1 Sm Muffin ausage uit Juice	e	Middle School Lunch Meal \$2.95 Five Items: 1. Protein 2. Bread 3. Fruit 4. Vegetable 5. Milk You may take all five items, but must take at least three items , with one of the three items being a fruit or vegetable to count as a lunch. Entrée's usually count as two items (Protein, Bread). Choose One Entree: (Protein, Bread) Choose up to Three: (choose 1 Fruit & up to 2 Vegetables) Choose One: (1% white, skim white & non-fat chocolate milk) Notes about our Menu ☐Milk is available with each meal: 1% White, Non-Fat	
CAFETERIA ACCOUNT Please include your child's name and pin # with all pre-payments. You may also pay online at www.paypams.com. FREE registration (\$1.95 fee for online deposits)			White or Non-Fat Chocolate A minimum of 1 Fresh Fruit & 1 Fresh Veg are available with each meal, as well as 4oz Apple and Grape Juice	